Finding Contentment Psalm 131

Finding contentment...

1. Humble before the Lord (v1)

- Not arrogantly demanding answers, as though entitled
- But humbly accepting his limits, trusting God for the rest

2. Content in Life $(\vee 2)$

- his humble trust means he's quieted & calmed his soul
- and is content, like a well-fed infant

3. Hope in the Lord $(\vee 3)$

- To hope in = to humbly trust in, depend on, rest in (like David)
- both now for contentment, and for all of life!
- → It's not often easy to <u>fully</u> leave it with God, is it?
- → But In Christ we have:
 - a greater example to inspire us
 - a greater strength to help us
 - a greater reason to encourage us
- → So when things don't make sense to you along your journey in life,
 - pray for humility to accept
 - and *fully* hope in the Lord